



STEP-UP FOR BEATSON CANCER CHARITY

Cross off each day as you walk 8,000 steps for the 8,000 new patients cared for annually at The Beatson West of Scotland Cancer Centre.

1	2	3	4	5	6
7 <i>Marathon walked ✓</i>	8	9	10	11 <i>Keep going!</i>	12
13	14	15 <i>Halfway there!</i>	16	17	18
19	20 <i>We're <u>with</u> you</i>	21	22	23 <i>Share your progress 📷</i>	24
25	26	27	28	29	30 <i>You've done it!</i>